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News and ideas from the world of psychodynamic therapy.

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COMMUNITY
NETWORKERNEWS AND IDEAS
FROM THE WORLD
OF PSYCHODYNAMIC
THERAPY Vol. 5, Issue 10*October 25, 2016*

CAPT Mailing Address Change

CAPT has a new mailing address for all matters, including membership applications (new and renewal).

Please take a moment to note the new address:

CAPT
PO Box 1169,
2255B Queen St. East
Toronto, ON M4E 1G3

2016 CAPT Annual General Meeting

Our Annual General Meeting is scheduled for **November 25, 2016**. We look forward to seeing you there!

CAPT AGM
Friday, November 25, 2016
6:00-10:30 pm
Hart House, Music Room,
7 Hart House Circle
Toronto, ON M5S 3H3

Guest Speakers:

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- Lisa Hamilton, Partner, Bell Temple Litigation Lawyers, Medical Malpractice, Health Disciplines
- Paul Hancock, McFarlan-Rowlands, Insurance Broker

Lisa will be speaking to us about the legal issues pertaining to the following topics: informed consent, client intake and note taking.

Paul will be speaking to us about our new insurance policy and other general insurance news.

Paul and Lisa will be reviewing and responding to **questions submitted by the membership**. To submit an insurance-related question for Paul or a legal question for Lisa, [click here](#). **Please submit all questions by November 4, 2016.**

To reserve a free seat at the CAPT AGM, [click here](#) to go to our Eventbrite page for the event and follow the prompts. You will receive a confirmation email once you have registered.

Please note that if you wish to renew your CAPT membership at the AGM, membership forms will be available.

It's Membership Renewal Time

A reminder that the membership renewal deadline is **December 1, 2016**.

Membership fees for this renewal period are as follows:

Full: \$160

Student: \$115

Emeritus: \$60

As we are in the process of upgrading our website, our online renewal system has currently been suspended. While you can still pay your membership fees via PayPal (see links below), this year we will have to rely on hard copy membership renewal forms. Below, please find instructions for completing the membership renewal process.

Print and complete a [membership renewal form](#), then:

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a) scan and email the completed form to membership@psychodynamiccanada.org.

OR

b) mail the form to:

CAPT Membership
PO Box 1169
2255B Queen St. East
Toronto, ON M4E 1G3

OR

c) complete and submit a renewal form at our upcoming AGM (forms will be available).

You can pay your 2016 membership fees in three ways:

a) click the link below that matches your membership type (Student or Full) to be taken to a PayPal payment page where you can pay your fee using either a PayPal account or a credit card:

- To pay your **Full** Membership, [click here](#).
- To pay your **Student** Membership, [click here](#).

OR

b) mail a cheque (along with your renewal form if you are choosing that option above) to:

CAPT Membership
PO Box 1169
2255B Queen St. East
Toronto, ON M4E 1G3

OR

c) submit a cheque at the registration table at our upcoming AGM.

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You must complete and submit a (scanned or paper copy) of your membership renewal form, whether you pay by PayPal or by cheque!

If you have any questions or need assistance with this process, please contact us at membership@psychodynamiccanada.org.

As part of the membership renewal process, CAPT requires all members to participate in the CAPT Reflective Practice model by completing and retaining the following documents available for download below:

- For a Professional Development Activities Form, click [here](#).
- For a Reflective Practices Form, click [here](#).

Reflective Practice and Professional Development forms SHOULD NOT be submitted to CAPT along with your membership renewal form. *Please complete these forms and retain them for your own files.* If you have any questions, please email info@psychodynamiccanada.org.

*Please note: you must be **logged in** to access members-only website content such as the members' Forum, and certain news updates and events. If you have difficulty logging in to the CAPT site with your email address and password, please email support@psychodynamiccanada.org.*

Announcements

Adler Open House

Adler Faculty of Professional Coaching presents a full day series of 45-minute business workshops, practice seminars and networking opportunities on **November 3, 2016**. Click [here](#) to RSVP.

Seminars/Workshops

Attachment Injury Resolution Model

The Greater Toronto EFT Community presents *Attachment Injury Resolution Model Training*, **October 28-29, 2016**, in Toronto, ON. Click [here](#) for more information.

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Upcoming Professional Development Opportunities

We are unable to list all upcoming professional development opportunities in this issue of the Networker. Click [here](#) to peruse the full listing on the CAPT website.

Safe Use of Self

Each month, we feature events and opportunities that promote safe and effective use of the self. If you know of an event, workshop or course that falls into this category, please [email](#) us the details.

SEUS Training Program

Sandra Finkelman, RP, presents a 30-hour training program *Safe and Effective Use of Self*, starting **November 5, 2016**.

The early bird discount deadline is October 1, 2016.

The program is designed to meet registration requirements of the College of Registered Psychotherapists of Ontario (CRPO). It is also appropriate for any helping professional interested in the Satir Model or in personal growth. For more information, click [here](#).

Family Therapy and Systemic Practice

Ontario Association for Marriage and Family Therapy presents its conference *Family Therapy and Systemic Practice*, **October 29, 2016**, in Toronto, ON. Click [here](#) for more information.

The Music of Conflict

Toronto Institute for Contemporary Psychoanalysis presents its fall conference *The Music of Conflict: How musical thinking can help the clinician in coping with the dialectic of conflict*, **October 29, 2016**, in Toronto, ON. Click [here](#) for more information.

Getting Grounded

Hincks-Dellcrest presents *Getting Grounded: Working With Overwhelmed and Scared Clients*, **November 1, 2016**, in Toronto, ON. Click [here](#) for more information.

Embodied Gestalt

Gestalt Institute presents a series *Embodied Gestalt*, starting **November 2, 2016**, in Toronto, ON. Click [here](#) for more information.

Working with Dreams

C. G. Jung Foundation of Ontario presents a series *Working with Dreams*, starting **November 5, 2016**, in Toronto, ON. Click [here](#) for more

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Classifieds

Office Space Available

Office space available in newly renovated health centre, near Broadview Subway Station. Includes shared waiting area, bathroom and internet. For more information, contact Ken Walton at (416) 659-1617 or ken@kenwalton.org.

Office Space Available

Office space available in residential building zoned for commercial use near Yonge St. and St. Clair Avenue. Includes fireplace and waiting area. For more information, contact Danièle Massie at (416) 402-6871 or daniele@movingtochange.com.

Office Space Available

Office space available in newly renovated suite in Richmond Hill. Includes shared reception and kitchen, in-suite washroom and parking. For more information, contact Susan Young at (905) 505-1519 or susan@richmondhilltherapy.com.

Office Space Available

Full time office available in recently renovated, multidisciplinary clinic in Toronto, close to College St. and Bathurst St. Includes shared kitchenette, internet, utilities and option

information.

Observing Change: Tracking Metaphors

Toronto Institute for Contemporary Psychoanalysis presents its scientific meeting *Observing Change: Tracking Metaphors in a Patient's Presenting Problems*, **November 9, 2016**, in Toronto, ON. Click [here](#) for more information.

Clinical Lacan

Toronto Institute for Contemporary Psychoanalysis presents a course *Clinical Lacan*, starting **November 10, 2016**, in Toronto, ON. Click [here](#) for more information.

End-of-Life Care

Hincks-Dellcrest presents a two day workshop *At Death's Door: End-of-Life Care with Wisdom and Compassion*, **November 10-11, 2016**, in Toronto, ON. Click [here](#) for more information.

Establishing Safe Connections

Therapy Talks presents a workshop *Establishing Safe Connections: Helping Children Who Have Experienced Trauma and Loss*, **November 18, 2016**, in Creemore, ON. Click [here](#) for more information.

Attachment Focused Family

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to be included on clinic website. For more information, contact Jen Kalb at (647) 403-0626 or jen@jenniferkalbtherapy.com.

Resources

The Resources section contains information and resources that might be helpful to you or to your clients.

Psyche Docs

Psyche Docs is a gathering of psychotherapists to watch and discuss psychologically-intriguing documentaries at the [Bloor Hot Docs Cinema](#) in Toronto, ON. For information on upcoming screenings, email Barbara Morris, RP, at barbara@poynton.com.

If you know of any upcoming or ongoing resources that should be featured, please [email](#) us the details.

Featured Article

Therapy

Therapy Talks presents a four day training *Attachment Focused Family Therapy*, **November 18-21, 2016**, in Creemore, ON. Click [here](#) for more information.

The Business of Being Made

Toronto Institute for Contemporary Psychoanalysis presents its scientific meeting *The Business of Being Made: the Temporalities of Reproductive Technologies in Psychoanalysis and Culture*, **November 19, 2016**, in Toronto, ON. Click [here](#) for more information.

Gestalt Approach to Working with Anxiety

Gestalt Institute presents *The Gestalt Approach to Working with Anxiety — Continuing Education*, **November 21, 2016**, in Toronto, ON. Click [here](#) for more information.

Gottman Level 1 Certificate Training

Fidler Associates presents a two day workshop *Gottman Level 1 Certificate Training: Bridging the Couple Chasm*, **November 21-22, 2016**, in Simcoe, ON. Click [here](#) for more information.

Gottman Level 2 Certificate Training

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Overcoming egocentricity increases self-control

Research at the University of Zurich found that the area of the brain that permits us to see another person's perspective in social interaction is also important in situations requiring self-control when we are alone.

To read the article, click [here](#).



Fidler Associates presents a three day workshop *Gottman Level 2 Certificate Training: Assessment, Intervention, and Co-Morbidities*, **November 23-25, 2016**, in Simcoe, ON. Click [here](#) for more information.

The Pain Paradox

Leading Edge Seminars presents a two day workshop *The Pain Paradox: The "Third Wave" of Mindfulness-Compassion-Based Approaches for PTSD and Complex Trauma*, **November 24-25, 2016**, in Toronto, ON. Click [here](#) for more information.

Evening Armchair Series

Gestalt Institute presents *Evening Armchair Series*, **November 29, 2016**, in Toronto, ON. Click [here](#) for more information.

Narcissism, Gratification and Realism

Toronto Institute for Contemporary Psychoanalysis presents its scientific meeting *Narcissism, Gratification and Realism*, **November 30, 2016**, in Toronto, ON. Click [here](#) for more information.

The Future in the Present

Gestalt Institute presents its weekend workshop *The Future in the Present*, **December 9-11, 2016**, in Toronto, ON. Click [here](#) for more information.

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