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CAPT
COMMUNITY
NETWORKER



NEWS AND IDEAS
FROM THE WORLD
OF PSYCHODYNAMIC
THERAPY Vol. 5, Issue 11

November 22, 2016

2016 CAPT Annual General Meeting

Our Annual General Meeting is scheduled for **November 25, 2016**. We look forward to seeing you there!

CAPT AGM

Friday, November 25, 2016

6:00-10:30 pm

Hart House, Music Room,

7 Hart House Circle

Toronto, ON M5S 3H3

Guest Speakers:

- Lisa Hamilton, Partner, Bell Temple Litigation Lawyers, Medical Malpractice, Health Disciplines
- Paul Hancock, McFarlan-Rowlands, Insurance Broker

Lisa will be speaking to us about the legal issues pertaining to the following topics: informed consent, client intake and note taking.

Paul will be speaking to us about our new insurance policy and other general insurance news.

To view AGM details and reserve a free seat at the CAPT AGM, [click here](#) to go

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to our Eventbrite page for the event and follow the prompts. You will receive a confirmation email once you have registered.

To review the draft minutes for the CAPT AGM held on November 13, 2015 [click here](#).

Please note that if you wish to renew your CAPT membership at the AGM, membership forms will be available.

Membership Renewal Deadline

A reminder that the membership renewal deadline is **December 1, 2016**.

Membership fees for this renewal period are as follows:

Full: \$160

Student: \$115

Emeritus: \$60

As we are in the process of upgrading our website, our online renewal system has currently been suspended. While you can still pay your membership fees via PayPal (see links below), this year we will have to rely on hard copy membership renewal forms. Below, please find instructions for completing the membership renewal process.

Print and complete a [membership renewal form](#), then:

a) scan and email the completed form to membership@psychodynamiccanada.org.

OR

b) mail the form to:

CAPT Membership
PO Box 1169
2255B Queen St. East
Toronto, ON M4E 1G3

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OR

c) complete and submit a renewal form at our upcoming AGM (forms will be available).

You can pay your 2016 membership fees in three ways:

a) click the link below that matches your membership type (Student or Full) to be taken to a PayPal payment page where you can pay your fee using either a PayPal account or a credit card:

- To pay your **Full** Membership, [click here](#).
- To pay your **Student** Membership, [click here](#).

OR

b) mail a cheque (along with your renewal form if you are choosing that option above) to:

CAPT Membership
PO Box 1169
2255B Queen St. East
Toronto, ON M4E 1G3

OR

c) submit a cheque at the registration table at our upcoming AGM.

You must complete and submit a (scanned or paper copy) of your membership renewal form, whether you pay by PayPal or by cheque!

If you have any questions or need assistance with this process, please contact us at membership@psychodynamiccanada.org.

As part of the membership renewal process, CAPT requires all members to participate in the CAPT Reflective Practice model by completing and retaining the following documents available for download below:

- For a Professional Development Activities Form, click [here](#).

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• For a Reflective Practices Form, click [here](#).

Reflective Practice and Professional Development forms SHOULD NOT be submitted to CAPT along with your membership renewal form. *Please complete these forms and retain them for your own files.* If you have any questions, please email info@psychodynamiccanada.org.

*Please note: you must be **logged in** to access members-only website content such as the members' Forum, and certain news updates and events. If you have difficulty logging in to the CAPT site with your email address and password, please email support@psychodynamiccanada.org.*

Announcements

Gestalt Institute Information Night

Gestalt Institute presents an *Information Night* on **January 17, 2017**, in Toronto, ON. Click [here](#) for details.

Upcoming Professional Development Opportunities

We are unable to list all upcoming professional development opportunities in this issue of the Networker. Click [here](#) to peruse the full listing on the CAPT website.

Safe Use of Self

Each month, we feature events and opportunities that promote safe and

Seminars/Workshops

Gottman Level 2 Certificate Training

Fidler Associates presents a three day workshop *Gottman Level 2 Certificate Training: Assessment, Intervention, and Co-Morbidities*, **November 23-25, 2016**, in Simcoe, ON. Click [here](#) for more information.

The Pain Paradox

Leading Edge Seminars presents a two day workshop *The Pain Paradox: The "Third Wave" of Mindfulness-Compassion-Based Approaches for PTSD and Complex Trauma*, **November 24-25, 2016**, in Toronto, ON. Click [here](#) for more information.

Evening Armchair Series

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effective use of the self. If you know of an event, workshop or course that falls into this category, please [email](#) us the details.

SEUS Training Program

Sandra Finkelman, RP, presents a 30-hour training program *Safe and Effective Use of Self*, starting **January 28, 2017**.

The early bird discount deadline is December 15, 2016.

The program is designed to meet registration requirements of the College of Registered Psychotherapists of Ontario (CRPO). It is also appropriate for any helping professional interested in the Satir Model or in personal growth. For more information, click [here](#).

Classifieds

Office Space Available

Office space available in newly renovated health centre, near Broadview Subway Station. Includes shared waiting area, bathroom and internet. For more information, contact Ken Walton at (416) 659-1617 or ken@kenwalton.org.

Gestalt Institute presents *Evening Armchair Series*, **November 28, 2016**, in Toronto, ON. Click [here](#) for more information.

Narcissism, Gratification and Realism

Toronto Institute for Contemporary Psychoanalysis presents its scientific meeting *Narcissism, Gratification and Realism*, **November 30, 2016**, in Toronto, ON. Click [here](#) for more information.

Involving Men in Therapy

Hincks-Dellcrest presents *Involving Men in Therapy*, **December 2, 2016**, in Toronto, ON. Click [here](#) for more information.

Hard-to-Engage Children, Youth, and Families

Leading Edge Seminars presents *I Don't Wanna Talk About it: Working with Hard-to-Engage Children, Youth, and Families*, **December 5, 2016**, in Toronto, ON. Click [here](#) for more information.

Understanding and Helping Students

Hincks-Dellcrest presents a two-day workshop *Collaborative and Proactive Solutions: Understanding and Helping Students with Social, Emotional, and*

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Office Space Available

Office space available in residential building zoned for commercial use near Yonge St. and St. Clair Avenue.

Includes fireplace and waiting area.

For more information, contact Danièle Massie at (416) 402-6871 or daniele@movingtochange.com.

Office Space Available

Office space available in newly renovated suite in Richmond Hill.

Includes shared reception and kitchen, in-suite washroom and parking. For more information, contact Susan Young at (905) 505-1519 or

susan@richmondhilltherapy.com.

Office Space Available

Full time office available in recently renovated, multidisciplinary clinic in Toronto, close to College St. and Bathurst St. Includes shared kitchenette, internet, utilities and option to be included on clinic website. For more information, contact Jen Kalb at (647) 403-0626 or

jen@jenniferkalbtherapy.com.

Resources

The Resources section contains information and resources that might be helpful to you or to your clients.

Behavioural Challenges, December

8-9, 2016, in Toronto, ON. Click [here](#) for more information.

The Future in the Present

Gestalt Institute presents its weekend workshop *The Future in the Present*, **December 9-11, 2016**, in Toronto, ON. Click [here](#) for more information.

Diversity and the Changing Face of Canada

Ontario Psychotherapy & Counseling Program presents *Diversity and the Changing Face of Canada*, **December 10, 2016**, in Toronto, ON. Click [here](#) for more information.

Anxiety and the Gift of the Imagination

Hincks-Dellcrest presents *Anxiety and the Gift of the Imagination: A New Clinical Model for Helping Children Understand and Manage Anxiety*, **December 16, 2016**, in Toronto, ON. Click [here](#) for more information.

Gestalt and Mindfulness

Gestalt Institute presents a series *Gestalt and Mindfulness*, starting **January 9, 2017**, in Toronto, ON. Click [here](#) for more information.

The Relational Dance: Embodied Movement

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Psyche Docs

Psyche Docs is a gathering of psychotherapists to watch and discuss psychologically-intriguing documentaries at the [Bloor Hot Docs Cinema](#) in Toronto, ON. For information on upcoming screenings, email [Barbara Morris, RP,](mailto:Barbara Morris, RP, at barbara@poynton.com) at barbara@poynton.com.

If you know of any upcoming or ongoing resources that should be featured, please [email](#) us the details.

Featured Video



Research: Psychotherapy reduces doctor and hospital costs

A study of patients experiencing physical symptoms stemming from emotional childhood trauma shows psychotherapy reduces physician and health care costs.

To watch the video, click [here](#).

Gestalt Institute presents a series *The Relational Dance: Embodied Movement*, starting **January 16, 2017**, in Toronto, ON. Click [here](#) for more information.

Relapse Prevention

Toronto Centre for Psychodrama and Sociometry presents a weekend workshop *Relapse Prevention*, **January 20-22, 2017**, in Toronto, ON. Click [here](#) for more information.

Angkor: Architecture of the Archetypes

C. G. Jung Foundation of Ontario presents *Angkor: Architecture of the Archetypes*, **January 28, 2017**, in Toronto, ON. Click [here](#) for more information.

Ghosts and Demons in the 21st Century Consulting Rooms

Toronto Institute for Contemporary Psychoanalysis presents a conference *Ghosts and Demons in the 21st Century Consulting Rooms*, **January 28, 2017**, in Toronto, ON. Click [here](#) for more information.



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