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News and ideas from the world of psychodynamic therapy.

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COMMUNITY  
NETWORKERNEWS AND IDEAS  
FROM THE WORLD  
OF PSYCHODYNAMIC  
THERAPY Vol. 6, Issue 6*June 27, 2017*

## Announcing the CAPT Community News!

We are gearing up to launch the newest version of the CAPT website and are looking to our membership for submissions to a brand new feature: the CAPT Community News.

The CAPT Community News will be a members-only section, and is being designed as a venue for individual members to provide announcements and brief write-ups of professional (not personal) interest. These will fall into two major categories: professional updates and resources.

For professional updates, we encourage members to provide information about changes in or additions to practice, such as new/additional skills and modalities. Resources would include networking and connections for activities such as peer supervision groups, as well as announcements about new offices, changes in location, health care agency arrangements, etc.

All proposed submissions will be vetted by CAPT staff before being posted to the site.

What is new with you and your practice? Let us (and your fellow members) know!

## Call for Client Resources

The newest version of the CAPT website will include a list of articles and books that

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might assist clients in learning about psychodynamic psychotherapy. If you know of these types resources, please send relevant information to [content@psychodynamiccanada.org](mailto:content@psychodynamiccanada.org).

*Please note: you must be **logged in** to access members-only website content such as the members' Forum, and certain news updates and events. If you have difficulty logging in to the CAPT site with your email address and password, please email [support@psychodynamiccanada.org](mailto:support@psychodynamiccanada.org).*

## Announcements

### CTP Course Offering

[Centre for Training in Psychotherapy](#) presents courses available for CAPT members in Toronto, ON. Registration applications due by **12PM on June 30, 2017**. Click [here](#) for details.

### Binge Crazy

CAPT member [Natalie Gold, RP's](#) new book, *BINGE CRAZY: A Psychotherapist's Memoir of Food Addiction, Mental Illness, Obesity and Recovery* is now available from [Arrow Publications](#).

### Gestalt Institute Information

#### Nights

[Gestalt Institute](#) presents an *Information Night* on **August 8, 2017**, in Toronto, ON. Click [here](#) for details.

## Seminars/Workshops

### Attachment and Families

Crisis and Trauma Resource Institute presents a two day workshop *Attachment and Families – Strategies for Engaging and Helping*, **July 11-12, 2017**, in Toronto, ON. Click [here](#) for more information.

### Summer Seat Sale

Gestalt Institute presents an evening series *Summer Seat Sale*, starting **August 15, 2017**, in Toronto, ON. Click [here](#) for more information.

## Resources

The Resources section contains information and resources that might be helpful to you or to your clients.

### Psychotherapy Group for

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## Safe Use of Self

Each month, we feature events and opportunities that promote safe and effective use of the self. If you know of an event, workshop or course that falls into this category, please [email](#) us the details.

## Classifieds

### Office Space Available

Lovely office to rent at The Centre on Dupont near Spadina. Mondays Full Day/Evening \$192 per month and Friday 4:30pm onwards \$96 per month. Includes wifi, large waiting area, cloak and staff room, as well as front desk services in a highly professional environment. Monthly fee of \$54 (\$37 for CTP undergrads) charged by The Centre. For more information contact [therapy@miriamschacter.com](mailto:therapy@miriamschacter.com) or 416-939-1672.

### Office Space Available

Bright, newly renovated, attractive, spacious furnished professional office to share by Don Mills and Lawrence. Over 500 square feet. Suitable for individual and small group sessions. Private waiting room, ample parking and a café on site. Available Monday, Thursday, Friday, Saturday and Sunday as well as

### women

CAPT members [Olga Van Kranendonk, RP](#) and [Melinda Upshur, RP](#) welcome inquiries for a psychotherapy Group for Women from those wanting to join. The group reconvenes on Tuesday evenings in the fall. For more information, please contact Olga at [olgavank@gmail.com](mailto:olgavank@gmail.com) or (647) 406-2789, or Melinda at [melinda.upshur@sympatico.ca](mailto:melinda.upshur@sympatico.ca) or (416) 457-1717.

### Down the Rabbit Hole

CAPT Member [Alison Crosthwait, RP](#) and Paul Hemrend, CTP Dipl. facilitate an experiential workshop *Down the Rabbit Hole: A Workshop About The Unconscious*, **July 29, 2017**, in Cobourg, ON. Click [here](#) for more information.

### Entrepreneurial Training for Psychotherapists

CAPT Member [Catherine Carpenko, RP](#) offers marketing and coaching services for psychotherapists in private practice to increase their client base. To schedule a free consultation, click [here](#) for more information.

### Psychotherapy Group

CAPT members Susan Chernin, RP and John Gross, RP welcome inquiries for a psychotherapy group from those

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Monday, Tuesday, Wednesday and Friday evenings Cost negotiable based on number of days/hours committed to per week/month. For more information, please contact Nancy Christie at [nancychristie1@gmail.com](mailto:nancychristie1@gmail.com) or (416) 691-3768.

### Office Space Available

Full time office available July 1st in recently renovated, psychotherapy clinic in downtown Toronto, close to College St. and Bathurst St. Includes kitchenette, internet, utilities and option to be listed on clinic website. For more information, contact Jen Kalb at [jen@jenniferkalbtherapy.com](mailto:jen@jenniferkalbtherapy.com) or (647) 403-0626

### Office Space Available

Boutique office space available in downtown Orangeville. Heritage location with three consultation rooms available. Seeking compatible practitioners. Lovely collegial environment. Includes access to office amenities, kitchenette and storage. Visit [www.10zinast.ca](http://www.10zinast.ca) or email [info@10zinast.ca](mailto:info@10zinast.ca).

### Office Space Available

Psychotherapy office (90 sq. ft) for rent directly across from Sherbourne station in accessible building. Available 8am-8pm on Thursdays and Fridays for \$200 (plus HST) per month. For more information, contact Mooky Cherian at

wanting to join. The group convenes on Thursday evenings in the fall, winter and summer. For more information, please contact Susan at [schernin@sympatico.ca](mailto:schernin@sympatico.ca) or John at [mjgross@sympatico.ca](mailto:mjgross@sympatico.ca)

### Psyche Docs

Psyche Docs is a gathering of psychotherapists to watch and discuss psychologically-intriguing documentaries at the [Bloor Hot Docs Cinema](#) in Toronto, ON. For information on upcoming screenings, email [Barbara Morris, RP,](mailto:barbara@poynton.com) at [barbara@poynton.com](mailto:barbara@poynton.com).

If you know of any upcoming or ongoing resources that should be featured, please [email](#) us the details.

## Featured Video

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[mooky.chenah@gmail.com](mailto:mooky.chenah@gmail.com) or (416)  
846-6665.



### **Blame**

"Dr. Brené Brown suggests that blame is a way of discharging anger. When we are listening to someone's story and attempting to make connections to find out who's to blame then we are not truly listening with empathy."

To watch the video, click [here](#).

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